

Romanus Wolter: The Kick Start Guy
Joanne Victoria: America's Vision Coach

PUSHY FOR A MOMENT

Instant Solutions to Everyday Challenges

**What if
you could live
the life you want
rather than chase the
'story' of what you want?
Create a life where you
continually achieve success
that occurs when you
are Pushy For a
Moment.**

THAT'S ALL IT TAKES

PUSHY FOR A MOMENT

ALSO BY THE AUTHORS

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PUSHY FOR A MOMENT:
Instant Solutions to Everyday Challenges

ROMANUS WOLTER

&

JOANNE VICTORIA

TLC Publishing Company — Silverdale, Washington

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Dedication

To everyone who has worked, played and loved life with us. You provided us with the real-world insight of what it takes to be successful on your own terms so we can share it with others. Thank you for your courage, passion and confidence to do what it takes to make your dreams a reality.

To each other for the trust, compassion and inspiration to make this experience an ongoing pushy moment.

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ABOUT THE AUTHORS

Romanus Wolter

Romanus Wolter, internationally known as *The Kick Start Guy*, provides action steps to close the gap between goals and success. He attributes his prosperity entirely to being *Pushy for a Moment*.

Entrepreneur Magazine's Success Coach and Author of the *Kick Start* series of books:

- Filmmaker
- Reporter
- Writer
- Innkeeper
- Speaker
- Consultant

Romanus trusts in going for the dangerous *double no* and this notion helps him continually leap over obstacles that stop others in their path. Romanus' philosophy includes treating rejection as a maybe: Develop a unique benefit for the receiver, then ask again!

Joanne Victoria

Joanne Victoria, well-known as the *Vision Coach*, provides insights into Big Picture Outcomes for clients and offers action steps essential to make dreams come alive. Joanne celebrates her Pushy Moments personality because it gives her more possibilities for success.

- Core Vision Strategist™
- Author of *Vision with a Capital V* and *Lighting Your Path*
- Writer
- Entrepreneur
- Speaker
- Consultant

Joanne's ability to see the *Big Picture* allows her to leap over logic presented by circumstances and individuals. She shows you how to access your next Pushy Moment whenever you say, "I can't do that." Joanne's philosophy cultivates methods for identifying commanding life choices, then trusting those choices to promote growth.

INTRODUCTION

What if you could live the life you want rather than chase the story of what you want to be? Opportunities appear when you open up to infinite possibilities and own a vision for your life. Create a method to continually achieve success with *Pushy for a Moment*.

What is a Pushy Moment? It's that moment when an intuitive flash comes to your mind, but you do not act upon it because of the rules you or society set for the situation. You simply lack the confidence to believe that your ideas carry great weight and you don't want to be rude or offend anyone.

From a very young age, we are conditioned to be polite. But who defines polite? If a quick interruption propels you toward your future, wouldn't you want someone to tap you on the shoulder and make a suggestion? Being Pushy is about discovering opportunities for you; how simple actions change peoples' lives.

COFFEE SHOP PERK ME UP

While reading at a coffee shop, Sam noticed a college student working on his Apple laptop (famous for graphics). Sam had just shot some footage for a short film and needed an editor for his project.

His intuition told him to approach the student and ask if he knew how to edit video footage or someone who did. Sam came up with myriad reasons not to ask the student for help and anyway it would be rude to disturb him.

Rather than sidestep the situation, Sam decided to be *Pushy for a Moment*. He simply asked the student if he knew how to edit video footage and the rest is history. Sam now works with him on the new project!

Do you remember having flashes of brilliance about a client, prospect or product? These gems are the Pushy Moments. What ever happened to them? Did you take action? By the end of this book, you'll understand how to and be inspired to take simple actions that will change your life!

Take Advantage of Pushy Moments.

If you've had an intuitive moment that you didn't act on, you now have permission to go for it. Be *Pushy for a Moment* and maximize your ability to find new information and create a life that holds meaning for you.

What have you got to lose? Nothing except a life you'll love because you simply allowed yourself to act on a hunch!

Step inside *Pushy for a Moment* with us and let us guide you through absolute possibilities with our Four-Step strategy to personal and financial success.

Step One

RELEASE THE POWER BEHIND YOUR THOUGHTS

*Trust your instincts and set your attitude on **Go**.*

We make countless decisions every day to move ourselves forward in our lives and careers. Unfortunately, our need to make the right or proper decision often stops us in our tracks because of the many *what ifs* that arise. What will people think of me? What if they get angry when I ask for a decision? What if they don't know how to help me?

We all want to achieve success in our lives and in our work but are often uncertain of the best first step. If we decide to pursue a new career or sell our home, we want a fair chance to evaluate our options. We want to ensure that our choices will lead to a great outcome for ourselves and our families.

The Right Answer Takes Form Instantly.

When you encounter a new decision point in your daily routine, you instantly evaluate it. Your instincts immediately trigger a response to your past experiences, education or other lessons. This moment, if captured without your mind censoring it, becomes your next right step.

This instant blip, what many label as a hunch or feeling, instead reveals what's real. People who practice being *Pushy for a Moment* recognize this feeling as the reality of the situation. Your ability to move through a situation as it occurs leads you to your next right step, and ultimately, to achieve the task at hand.

Being *Pushy for a Moment* is about how you treat yourself. Rather than quickly dismissing what you feel, tap into the power behind these strong thoughts. They are connected with the reality that crossed your path in the past and bear powerful solutions that will be revealed once you listen for them. These authentic insights prepare you for success by leading you to your next appropriate step.

Success is about moving forward despite any challenges you may encounter. Actions move you forward to experience accomplishment. It begins by cultivating confidence in yourself no matter what outside influences exist.

Be Pushy for a Moment and Step into Success.

No matter how prepared we are or how many times we double-check our strategies, unforeseen occurrences may influence our path to success. Unexpected twists and turns can hamper our progress and stop us dead in our tracks, unless we have the confidence to move forward.

The confidence necessary to conquer any challenge and achieve your dreams grows from releasing the power of your thoughts. It begins and ends with being *Pushy for a Moment*.

Constant adjustments are part of any successful journey. By being *Pushy for a Moment*, you allow yourself to tap into your intuitive knowledge and make clear choices while maintaining your energy and focus.

Each Pushy for a Moment instance comprises the basic building blocks for your abundant life.

1. Be deliberate in your intent.

Clarity of purpose makes it easier to choose your next relevant action. When a challenge occurs, immediately ask yourself what's the intent behind the next action you'll take. Do you want more information? Do you want to move the process forward? Do you need additional resources?

This analysis provides an emotional foundation from which your natural instincts will provide additional information. Once you gather the information you need, you simply state your next intention and let it guide you.

THERE'S NO PLACE LIKE HOME

Michele, a home-based masseuse, moved to a smaller apartment because the rents increased dramatically in her city. This meant she not only had to find a place to live but also a place for her massage work. After weeks of searching, she couldn't find a reasonably priced space and thought she'd have to close her business.

While shopping, she saw an open chiropractic clinic and thought what a perfect space. She

was plagued by all the reasons she should not go in and speak to them. Anyway, the rent would probably be outrageous like all the other places.

Michele decided to be pushy and go for it anyway. She set her intention to find a space for her massage services and walked into the office. It turns out that the chiropractor only worked afternoons and had worked with Michele's brother in the past. Michele got her space at a competitive price and both practices benefited.

2. Take the world out of your pushy process.

During Pushy Moments, listen to yourself and ignore the chatter. You instinctively know what you need to do to move forward. It's when you begin to consider this chatter that you stop advancing. Set the stage for success by trusting yourself and acknowledge that you're prepared to take action. Just as Michele did, let go of any negative commotion attacking your hunch. Act on your intuition and discover all the world has to offer.

3. Trust your intuition.

No matter how successful you are, uncertainties about your abilities or intellect are forever present. You want to recognize doubt when it appears and quickly discard it, so you can hustle forward. Your brain, heart, and soul align to help you take actions to produce your desired results. Trust in them to tap into your experience and knowledge, and know that they will lead you to your next productive action.

4. Be *Pushy for a Moment* by focusing on a resolution.

Your success is about this moment, not your past or your future. Take action to discover how to overcome a challenge rather than to show off your intellect. When you focus on a specific result, people more easily support your efforts. Your response to someone involved will seem natural; even though, you know you have tapped into and trusted your vast knowledge bank.

5. Integrate what you have learned.

At the end of each Pushy Moment, analyze the effect of your actions and adjust your next steps accordingly. Relieve any stress you may feel through acceptance of your actions and their appropriateness for that moment.

Successful decision-makers realize victory happens only by taking a series of actions. Quick *Pushy for a Moment* steps have life-changing potential. As you begin to trust in your ability to tap into the power behind your thoughts, you'll awaken and strengthen your confidence to enable you to conquer the next challenge.

GETTING THE INFORMATION YOU NEED NOW

Susan wanted to invest in a new area of her city. She completed some initial research, investigated properties, and walked through the neighborhoods under consideration.

She felt she was on the right track, but wanted to obtain more information about the businesses in the neighborhood and the needs of the people who lived there.

That afternoon she met with a new client who happened to live in the neighborhood she was considering. Her intuition told her to ask the person for a referral to people who had invested in the neighborhood, but then she was overcome by mind chatter and doubt entered her mind.

Rather than listening to these doubts, she focused on her intent to invest in and make the new neighborhood a better place. She trusted her intuition and asked her client if she knew anyone who was investing in this neighborhood. Her client was ecstatic to help.

Susan was referred to a gentleman who had invested in that part of town for over 20 years. She met with him and obtained strategic information about the best properties for investment, how the neighborhood reacts to

new investors and how to improve the properties for a better return.

She was amazed at how being pushy improved her life and solidified her investment strategy. She ended up buying a commercial building that was leased to a national company.

Step Two

ATTRACT AND INSPIRE OTHERS TO HELP YOU

Allow Others to Present Shortcuts to Success.

The *Pushy for a Moment* attitude discovers what works. Venture into the world and allow reality to support your efforts now. Move forward and cut frustration and time by opening up to new possibilities to uncover the requisite resources and information.

People love to contribute to dreams; you just have to tell them how. Success develops when you inspire others to walk into your vision and provide the insight required to achieve what may seem impossible.

LIVE PUSHY

Bryan was diagnosed with Lymphoma Cancer. His doctor prescribed a treatment that consisted of six rounds of radiation treatment that destroyed both cancerous and healthy cells. He got a second opinion from another cancer doctor who also recommended the in-clinic procedure.

Bryan was fortunate because his insurance covered these expensive treatments; over \$20,000 a session. However, his intuition told him to get another opinion from a cancer research expert who didn't have any associated monetary gain. He hesitated because he was worried that his *regular* doctors would think that he didn't trust them. He didn't want to appear aggressive.

After receiving his first radiation treatment, he read an article about a new treatment that only took one application. It targeted his specific type of cancerous cells without damaging other cells. And the cost was less than his current round of treatments. The article reported that cancer specialists were not recommending the treatment because they

took place at hospitals, not in private clinics—which meant that the specialist did not earn any money from administering this particular cancer treatment.

Bryan said to himself, *I wish I would have been a little pushy and gone with my intuition.* That is when he realized that there was nothing stopping him. He became *Pushy for a Moment* and set up a meeting with a researcher to specifically ask for a different treatment.

The researcher related to the personal connection. Not only did Bryan receive the less severe treatment, but he is also on a list to get trial drugs that provide an even better possibility of living cancer free.

Inspire others to cooperate in your Pushy Moments...

1. **Convey specific requests.**

If you don't specifically ask for what you want, no one will ever know how to assist you. To motivate people, always respect their time and acknowledge their busy lives. In addition, when you respect a person's time, they become more willing to collaborate in the future.

Clarify your objectives, so they don't have to think too much about how they can lend a hand. Stay focused with silent reminders that the objective is to discover how to accomplish the task.

Create purposeful conversations around a specific task to accomplish right now. Choose the most pressing issue and ask support for only that specific need. As you take action, you'll decipher the next action to complete. This provides clarity and specific support for your efforts from the person you asked backing from.

CERTIFIED PUSHY

Edward wanted to close a deal with a city agency but was told he must become a City-

Certified Vendor to win the contract. The person who wanted to hire him apologized because he knew the procedure often took weeks due to the bureaucracy. This discouraged Edward.

Edward's intuition nudged him to find someone who had already been through the process. Their tips and contacts could save him a lot of time and effort. Rather than dismiss his hunch, he asked city employees if they knew anyone who could steer him through certification. The second person he spoke to recommended a vendor who had just completed the process. This person ended up expediting the City registration with him and completed it in an afternoon.

2. Ask questions to deepen your knowledge.

It's okay to ask clarification for the task at hand. Demonstrate your appreciation for others' knowledge and experience by being pushy; then listen to what they share. If you don't receive accurate information, simply further explore the ideas presented. Thank the person for their help and implement what you believe is the next right step.

3. Allow everyone to freely contribute ideas and opinions.

Recognize that it's not important what others think of you or your task; it only matters what information they provide to you. Be mindful of any reactions by others, but do not judge them or defend your position. During *Pushy for a Moment* times, you don't need others to like you, but merely to provide useful ideas and strategies to propel you forward.

4. Follow your intuition about go-ahead signals.

Success remains a continual learning process, so always seek discovery, not answers. Find the nuggets of truth during conversations to reach new breakthroughs.

Listen and follow your intuition as you take action. This attunement relieves fear and anxiety associated with constant worry about finding the *right answer* before proceeding.

5. Remove obsession over *what ifs*

Worries about negative outcomes stress your mind and diminish your capacity to trust your instincts. Unforeseen circumstances occur. You only have control over your actions, not the ultimate results. Allow the outcomes you achieve to enhance your imagination and motivate you to advance into the world of unknown possibilities.

Attracting others to help you accomplish specific tasks equates to learning a new skill: Practice makes perfect. Stay focused on the situation and be alert to the sounds of your intuition. Be *Pushy for a Moment* and get unexpected results.

PUSHINESS BOOSTS SUCCESS

Mary developed a new toy to stimulate children's creativity and encourage them to learn new skills as they have fun. She had some success selling her toy to small local stores, but then decided she wanted to sign a distribution deal with a chain store. The large number of sales would help lower her costs and attract attention from other stores.

Mary asked for help from her colleagues who told her to pursue two paths: Convince a toy agent with the right contacts to represent her or put a marketing proposal in front of the chain's national buyer. While she attempted both paths, no orders were secure.

Rather than become discouraged, she went to a toy store and got the contact information off the back of the packages. Then she boldly became *Pushy for a Moment* and contacted them.

Politeness didn't get her past the receptionist of the first two companies. Determined, Mary became *Pushy for a Moment* with the next person she called. Mary immediately explained her intention behind creating the

new toy and then asked for ideas on how to attract the attention of a national buyer.

To her surprise, the other person did not hang up, and in fact, found her invention interesting. They were pleased to speak to someone so passionate about their product. They suggested she present her toy to the managers of the individual stores of the chain (another *Pushy for a Moment* opportunity). If the managers liked it, she could then ask them to send the toy with her contact information to their national buyer.

Inspired, Mary presented her toy to five store managers in one day. They loved her invention and forwarded it to the national buyer. Within the month she signed a large contract.

Mary sent a thank you to her contacts, but rather than just thanking them, she became *Pushy for a Moment* and asked if they could recommend other buyers who would appreciate her toy in their stores. To her surprise, one of her contacts gave her a complete list of buyers with their contact information. Mary was amazed how a little passion, clarity and confidence had moved her forward so quickly.

Step Three

FOCUS ON WHAT YOU REALLY WANT

Make leaps with your intuition.

Results in your life and in your work are the fruits of what you do on a daily basis. Acting from your core rather than someone's expectations bolsters the enjoyment of achieving these results. Being *Pushy for a Moment* helps you tap into your natural self and achieve even greater success.

Knowing what you want establishes a solid foundation. Your desire to create something new makes your dream a reality. Once these thoughts are in motion, Pushy Moments occur.

Intuition is a form of instant gratification; you can't get a faster response anywhere. Pushy Moments never fail you. Their constancy propels you ahead and determines your next step to a successful life.

1. Trust Pushy Moment Insights.

You may discover Pushy Moments that occur without any obvious connection to what's going on in your life. Make a list of these moments, date them and start a collection. Permit yourself to evaluate them, and they'll always point toward something you want to achieve in life or work.

INSPIRATION TO MOVE FORWARD

Matthew was going nowhere fast in his job and life. He knew he wanted to move, but didn't know where or how he would get a job. Interesting occurrences began to happen in his life. Matthew was reading a mystery novel and fell in love with the city in the book. Then there was a front-page news story in his local paper stating the city was voted the best small city in the U.S. Matthew decided that would be his new home.

While at a technology conference, he met an employer from the same city. He wanted to ask him about job possibilities but thought maybe the conference wasn't the appropriate

venue; he probably had no jobs available anyway. Rather than waiting, Matthew became *Pushy for a Moment*.

He told the gentleman about his work experience and desire to move. He even asked if his company had any job openings that may fit with his experience. Two months later, Matthew was packing his household and moving to the new city!

Life is like a puzzle; you have some of the pieces before you even know you need them. As you start to recognize Pushy Moment puzzle pieces, write them down; there's always a connection.

2. Practice momentary meditation on your desired outcome.

Intuition remains the real secret and the power behind achieving what you want in life. Intuition supports you no matter what occurs and based on something known or believed without actual evidence.

What if you have a series of Pushy Moments and you want more information? You simply use momentary meditation to bring clarity and insight to your situation.

Ask what to do next in momentary meditation. The response you receive will come quick and clear. Responses come so fast you can hardly believe it. These responses are Pushy Moments.

Act on These Responses Now! Don't let them pass you by. Rely on these instincts. It seems difficult at first when your brain tries to interfere, but continue to take action.

ASK AND YE SHALL RECEIVE

Emily, a motivational speaker, spends a portion of her time speaking for free to local business groups. After meetings, Emily always feels compelled to ask if anyone could host her workshops where clients would pay a fee. She's always frightened that the attendees will view her request as unsuitable to the occasion.

Rather than stop herself at the end of one of her speaking gigs, she asked the attendees if anyone had ideas on other venues to host her sessions. A yoga teacher responded that she and her partner were looking for alternative uses for their space! Emily was a perfect addition and started presenting her workshops the following month.

3. Record the results of your Pushy Moments.

Learn to trust your Pushy Moments insights. After recording each Pushy Moment, increase your awareness and write down the sequence of events that occur afterwards. You will then start to see a pattern how one Pushy Moment leads to another.

RENEWED POSSIBILITIES

Kyle was hired as a painting contractor to paint two rooms in a new client's home. He overheard the homeowner say they were looking for a kitchen remodeling specialist. Kyle wasn't sure if he should intervene but trusted himself and asked the homeowner who was going to do the remodel. This was a Pushy Moment!

They said they were still looking. Kyle then told the owner that his original license was in, you got it, kitchen remodeling. Not only did Kyle get their kitchen remodel project, but he also remodeled their bathrooms and painted the exterior of their home.

Kyle reviewed his Pushy Moment outcomes. His next thought favored contact with prior clients to inform them of his additional work skills. His success seemed instantaneous with endless possibilities and several former clients became new ones again.

It is that type of focus on your Pushy Moments which provide your intuition the power it needs to ask for what's next.

4. **Say your intuitive question out loud!**

You determine what you want in your life. The next time you have a flash of brilliance say it aloud. Just say it, whatever it is. You will know immediately if it connects to the results you want in your life. If you feel emotional, either the desire to cry or laugh, or just plain fear, this is probably a Pushy Moment. Take advantage of this glorious opportunity.

Make the power of the Pushy Moment heard. This is a cost-free golden moment, so just say it.

Create *Pushy for a Moment* sparks by writing down the results you want in your life. Let your insights, flashes and hunches be valuable to you now. These moments are pain-free, cost-free and help move you forward.

You will start to attract what you need to succeed. People love to contribute to the success of their friends and associates. Now is the time to learn how to ask others to support your intentions and outcomes.

Step Four

FLEX YOUR *PUSHY FOR A MOMENT* MUSCLE

Put Pushy Moments into action and let them thrive. Action prevails as the key to everything. We want, we desire, we crave, yet how often do we act upon those aspirations? Not often enough!

We wait for it to happen. We think about it. We wonder if we really deserve what we say we want. Yet, in most instances, be it about a job, a move or a relationship, we wait. It is time to stop waiting and start acting on the hunches—the Pushy Moments that flow into us.

Yes, it's risky to verbalize your desires, but so what? Give yourself a chance for new possibilities to occur in your life. What are you waiting for? With Pushy Moments you have the power to get what you want in easy and effortless ways.

Everything is a muscle, be it in the body or mind, whether writing or building a house, they all require strong muscles.

TRAIN YOUR PUSHY MOMENT MUSCLE.

Elaine, an Executive Producer for a direct marketing company, couldn't believe her eyes when at a production meeting to present her project results. The client's rep came. Here we go again, thought Elaine! Every time the rep showed up, there was an argument.

After the project data was presented, the rep raised her hand and Elaine steeled herself for the fight.

This time, though, something different happened. Elaine heard this little voice inside telling her to work with the rep instead of against her.

Elaine's first instinct was to dismiss the voice. Her logical mind could not relate to these insights.

Without even realizing what she was doing, Elaine stood up before a conflict could start and first welcomed the rep's ideas.

Elaine's team was in shock. They expected the same old, same old: Elaine fights and her team and the client's rep get upset. In the end Elaine's team reworks the project accordingly.

It was time for a change. Elaine didn't know it, but she was flexing her Pushy Moment muscle.

As a result, the client rep actually presented a wonderful idea to improve the company's processes. Elaine received a bonus and her company increased income over 20 percent in the first year of collaboration with the client's rep.

Elaine now knew that she would pay more attention to the voice, especially since the results moved her and the team forward along with the company.

1. Commit to Pushy Moments as part of your everyday life.

In a situation where you have a hunch or a feeling, make it a Pushy Moment. Always act on them. Allow yourself to recognize Pushy Moments when they show up. Pushy Moments can surprise you all day long. Commit at first to acknowledgement of these moments, and then respond to them for at least a week. Notice how your life changes. Response to Pushy Moments empowers you. Flex your Pushy Moment muscle daily.

2. Take Action Now!

Action creates a bridge for results. Get a feeling or hunch that surprises you? That's a Pushy Moment. Pushy Moments come, sight unseen, into your mind as a nudge to act to provide you the results. The thoughts are your inner world; action is the outer world. Action connects. The more action you take, the more confident you will feel. One Pushy Moment leads to another easily and effortlessly.

3. Allow Pushy Moments to create change for everyone.

If you follow-up on your Pushy Moments, you, too, will have more confidence about your own skills and talent. It is now your turn to take responsibility and speak up to allow a Pushy Moment to happen. Let it be a win-win for you as well as the people around you the next time you experience a Pushy Moment.

4. Always trust the Pushy Moment answers.

Trust is confidence in and reliance on what will happen in the future. In the end, all you really have is yourself. It is said that our main purpose in life is to be happy. Confidence in who you are and what you do allows you to live a life of success, prosperity and happiness. Trust in yourself. The answer to every question you ask: Trust.

FROM THIS MOMENT ON

Even if people say no to your Pushy Moment action, keep on with *Pushy for a Moment*. A *No* response is better than keeping silent and that *No* may spark an idea later. Ask and ye shall receive.

Pay attention. There is no loss if someone says no. You learn all the time. When you examine lessons learned, consider the winnings.

When you examine lessons learned, consider the winnings:

- Increase ability to speak up more spontaneously.
- Affect change for everyone involved.
- Improve your confidence level.
- Trust your Pushy Moment voices.
- Appreciate your value of self.

If you want to live an exciting, successful life filled with opportunities, pay attention to your inner thoughts and act on those Powerful Pushy Moments.

Here's to the possibility of many incredible outcomes. Here's to many more Pushy Moments in your life.

TRACKING SHEET

PUSHY FOR A MOMENT TRACKING SHEET

My Pushy Moment: _____

My Intuition Told Me: _____

My Actions: _____

My Results: _____

My Pushy Moment: _____

My Intuition Told Me: _____

My Actions: _____

My Results: _____

PUSHY FOR A MOMENT CHEAT SHEET

STEP ONE RELEASE THE POWER BEHIND YOUR THOUGHTS

Trust Your Instincts and Set Your Attitude on Go.

1. Be deliberate in your intent.
2. Take the world out of your pushy process.
3. Trust your intuition.
4. Focus on a resolution.

STEP TWO: ATTRACT AND INSPIRE OTHERS TO HELP YOU

Allow Others to Give Shortcuts to Success.

1. Be specific in your request.
2. Ask questions to deepen your knowledge.
3. Permits others to share their opinions.
4. When your intuition says *go ahead*, listen.

STEP THREE: FOCUS ON WHAT YOU REALLY WANT

Make Leaps with Your Intuition.

1. Trust Pushy Moment Insights.
2. Practice Momentary Meditation.
3. Record the results of your Pushy Moments.
4. Say your intuitive question aloud.

STEP FOUR: STRENGTHEN YOUR PUSHY FOR A MOMENT MUSCLE

Let Your Pushy for a Moment flashes thrive.

1. Commit to having Pushy Moments as part of your life.
2. Take action now!
3. Allow Pushy Moments to create Change for everyone.
4. Always trust the Pushy Moment answer.

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PUSHY FOR A MOMENT

Instant Solutions to Everyday Challenges

Four groundbreaking steps in *Pushy for a Moment* make it possible for you to create your own pathway to success. Read this book and follow its steps to become free from self-imposed limitations:

Step One: Release the Power Behind Your Thoughts

Step Two: Attract and Inspire Others to Help You

Step Three: Focus on What You Really Want

Step Four: Strengthen Your Pushy For a Moment Muscle

Become Pushy for a Moment now, and in a heartbeat you will:

- Gain confidence and get out of your own way.
- Get what you want rather than chase what is missing.
- Create a positive mindset and accomplish your goals.
- Trust your intuition to take the right action.
- Become enlightened in a moment.
- Experience more peace of mind.

Your life-changing guides:

Romanus Wolter,

The Kick Start Guy



Joanne Victoria,

America's Vision Coach



Read this book now and open yourself up to infinite possibilities.

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